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COVID-19 Update: Get Vaccinated As Soon as You Are Eligible, Appointments Available

All Three Vaccines “Quite Effective,” Even Against Variants – Schedule at <https://MyTurn.ca.gov>

Lake County, CA (March 30, 2021) – We encourage Lake County residents to get vaccinated as soon as you are eligible. Our Case Rate continues to be higher than we would like. As we have previously reported, COVID-19 variants are present in our county. People are also more active now, with restrictions being loosened, and community perception is that risk is generally decreasing. COVID-19 is prevalent (Substantial-Widespread, under State criteria) in Lake County. Please continue to exercise caution: frequently wash or sanitize your hands; wear masks and practice social distancing in all interactions with people outside of your household (especially folks who are not fully vaccinated); and get the vaccine.

All three vaccines seem to be quite effective, even in protecting against the new COVID-19 variants. We are seeing very minimal problems with side effects; no serious reactions have occurred at any of Public Health’s vaccination clinics.

How do I get vaccinated? Eligibility Criteria Expanding this Week, Next Week’s Appointments Available Tomorrow

The Health Department is continuing Drive-Thru clinics:

- Lakeport: Mondays, 10am-4pm, Lakeport Auto Movies (52 Soda Bay Road)
- Clearlake: Tuesdays-Thursdays, 10am-4pm, Redbud Park (14655 Lakeshore Dr.)

There are many appointments still available for this week. Schedule first and second dose appointments for these clinics at MyTurn.ca.gov. Next week's appointments are expected to be open by tomorrow. While insurance information is collected from those that have it, there is currently no out of pocket cost for anyone that gets the COVID-19 vaccine. No cost transportation options are also available through Lake Transit Authority: <https://laketransit.org/topics/news/>

Starting this Thursday, April 1, all Californians age 50 years and older will be eligible to be vaccinated.

As of April 15, people age 16 and older will be eligible.

Adventist and Sutter are also hosting vaccine clinics for all eligible community members (*not just their registered patients*):

- Adventist Health – 707-995-4500
- Sutter Health – 844-987-6115, or <https://www.sutterhealth.org/for-patients/health-alerts/covid-19-vaccine>

Safeway in Lakeport has a limited supply of vaccine, as well (*their webpage has not been updated to list all current eligibility criteria, but you can self-attest you are eligible, and bring proof of eligibility to your appointment; people not qualified will be denied vaccine*):

https://mhealthcheckin.com/covidvaccine?clientId=1611269027315®ion=NorCal_-2&urlId=%2Fvcl%2F0983lakecounty

North Lake Pharmacy (707-263-1328 or 707-263-6192) is also doing some vaccination.

Lake County Tribal Health Consortium continues to vaccinate many people, and they will be opening to non-patients in the near future. For information, visit <http://www.lcthc.com/> or call 707-263-8382

We have accomplished a lot in the three months the vaccine has been available. Over 33% of Lake County's adults have gotten at least one dose. To really protect our communities, and be able to move forward safely, we need to make a lot more progress. Don't delay!

Gary Pace, MD, MPH